



Cangzhou Qunying International Guo Shu Cup

Sunday 21 of May 2023 Modern Wushu Division

A) Taolu Junior (age up to 12, boys and girls)

1. Intermediate routines.
2. 1st- 3d set of IWUF compulsory Routines

B) Taolu Juniors (age 13 - 15)

1. Intermediate routines.
2. 1st- 3d set of IWUF compulsory Routines:

C) Taolu Adult Category (16+ years)

1. Intermediate routines.
2. 1st- 3d set of IWUF compulsory Routines:
3. Optional Routines (with no difficulty degrees).

D) Taiji (All ages)

1. Optional form
2. IWUF classical Chen style
3. IWUF classical Yang style
4. IWUF 3rd Generation
5. Taiji 42
6. Taiji Jian 32-42-Iwuf Classicals and 3RD Generation.

Note: participants in any age group are only allowed to compete in 2 disciplines!

1. Fist form
2. Short weapon or long weapon

Male and female will compete together only if there are less than 3 participants in a category!

In Taiji divisions will be separated in male and female only in less than 3 participants or less in Style divisions will be put together.

People competing in the Modern Wushu Division may not compete in the Traditional Kung Fu Division and visa versa.

Cost: (no cash at the door, all funds by bank)

€ 25,- for one category € 35,- for two categories.

Registration deadline is the 7 of May 2023.

Schools should transfer the total competition costs of their students to:

NL 61 INGB 000 807 2232

Liu He Men Stichting

Amsterdam

Note: All funds must be transferred via bank, we will not accept cash at the door.



Liu He Men Stichting Lizzy Ansinghstraat 88 1072 RD Amsterdam Nederland

LiuHeMen.nl

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