



# Cangzhou Qunying International Guo Shu Cup

Sunday 6<sup>th</sup> of November 2022 Modern Wushu Division

## A) Taolu Junior (age up to 12 boys and girls)

1. Intermediate routines.
2. 1st- 3d set of IWUF compulsory Routines

## B) Taolu Juniors (age 13 - 15 )

1. Intermediate routines.
2. 1st- 3d set of IWUF compulsory Routines:

## C) Taolu Adult Category (16+ years)

1. Intermediate routines.
2. 1st- 3d set of IWUF compulsory Routines:
3. Optional Routines:(with no difficulty degrees).

## D) Taiji (All ages )

1. Optional form
2. IWUF classical Chenstyle
3. IWUF classical Yang style
4. IWUF 3<sup>rd</sup> Generation
5. Taiji 42
6. Taiji Jian ( 32-42-Iwuf Classics and 3<sup>RD</sup> Generation.

**Note; participants in any age group are only allowed to compete in 2 disciplines!**

1. fistform
2. short weapon or long weapon

Male and female will compete together only if there are less than 3 participants in a category!

In Taiji divisions will be separated in male and female only in less than 3 participants or less in Style divisions will be put together.

People competing in the Modern Wushu Division may not compete in the Traditional Kung Fu Division and visa versa.

### Cost:

Youth <16 € 25,- for one category € 35,- for two categories  
16 + € 35,- for one category € 45,- for two categories

School should transfer the total competition costs of their students to: NL 61 INGB 000 807 2232

Liu He Men Stichting

Amsterdam

**Note: All funds must be transferred via bank, we will not accept cash at the door.**

**Registration deadline is the 23 October 2022**



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